Exactly who or what is God?

The concept of God that we mostly see described in the Bible is that of an external, human-like being, who exits separately from the world that "He/She/It" created. Based on my understanding of physics, the true nature of reality, and the testimony of those who have briefly experienced the "other side," I now view God, not as an individual "person," but as "all that is." Consciousness is all that actually exists, of which we are all a part. My best definition of "God" would be the "universal consciousness" that comprises all that exists. Interestingly, even atheists, if pressed, would have to admit that "consciousness" exists, albeit as an artifact of the physical brain. Would that make them theists without knowing it? God "personally" relates to us when taking the "form" of another conscious being. When we are loving another human being, we are loving God. Jesus used metaphorical language when talking about God, and he talked in parables when discussing the ways of God. That is also the best we can do when trying to describe the indescribable.