

Make today the best day of your life.

Matt. 6:34 “Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”

Phil. 4:11-13 “I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength.”

Ask yourself these questions. How much of your present happiness and peace of mind depends on something happening tomorrow or sometime in the future? What do you hope will happen in the future that will make your life happier or more satisfying than it is today? What is missing from your life today that you hope you can add to your life tomorrow? What goals, dreams and aspirations do you have for the future? What tasks do you plan on accomplishing in the future that will make you feel better about yourself?

Now ask yourself this. What can I do today that can make me feel better about myself and cause me to be happier today? How much of what I plan on accomplishing in the future can I experience and/or get started on today? What changes can I make in today's schedule that will make me happier right now? What changes can I make in my life today that will make me feel better about myself right now? How much better can my life be today if I make better use of my time, beginning right now?

Finally, ask yourself this. How would the pattern of my life change if I were to ask these questions of myself each morning, pray about them, and then jot down on a piece of paper one or two action items for the day?